

About Me

I'm a dad, opera singer, and accredited development coach for musicians and singers, I've spent over 250 hours working with a wide range of clients across the arts to have fulfilling and sustainable pathways that is the right fit for them. I trained at the Royal Academy of Music in London, and alongside my performing career, I work as a workshop facilitator and coach, supporting creatives to build confidence, clarity, and direction in their work.

This resource was born from my own experience. When I left training and stepped into freelance life, I realised I didn't really know who I was and what I wanted to do. I knew how to perform, but not necessarily how to build a sustainable, fulfilling career around it a career and life that was my own. Like many musicians, I found myself figuring things out as I went, often without the tools or structure to make intentional decisions.

In 2024, I moved to New Zealand and, in many ways, had to start again. The only reason I've been able to sustain a career in the arts here is by applying the practical tools and approaches like the balance wheel. It showed me what is important to me in my life right now, and how to measure my success.



Through this exercise you will achieve the following:

- ✓ Understand what areas of your life are most important to you right now
- ✓ Have awareness on how satisfied you are in these areas
- ✓ Developing learning about where you are right now and where you want to be in these areas
- ✓ You will be able to measure the developments of these areas
- ✓ Build authentic, sustainable professional relationships

My aim is to give you the tools, space, and structure to explore your life and career honestly, think differently, and discover new possibilities.

Because ultimately, this isn't just about finding work - it's about building a career that is resilient, fulfilling, and aligned with who you are.

How to Use This Resource



This balance wheel is a simple tool to help you reflect on where you are in your career right now. It's not about getting a "perfect score", it's about noticing patterns, and areas that may need more attention.

What's Important to you in your career life? How do you measure success?

This reflective exercise will allow you to understand what is important to you in your life right now. These areas will no doubt change over time, it is an effective way for you to measure your development in these areas and track your progress.

Once complete, join the points to create your wheel. Notice what stands out where things feel strong, and where there are dips or imbalances.

Then reflect:

- What do I notice?
- What feels most important right now?
- Where would one small shift make the biggest difference?

Use this as a starting point for reflection, not a final judgement. Your wheel will naturally change over time as your work and priorities evolve.

Step 01

List 8 areas of your career life that are most important to you. These could be performing, financial gain, collaboration, composing, you decide. List these areas below:

01

02

03

04

05

06

07

08

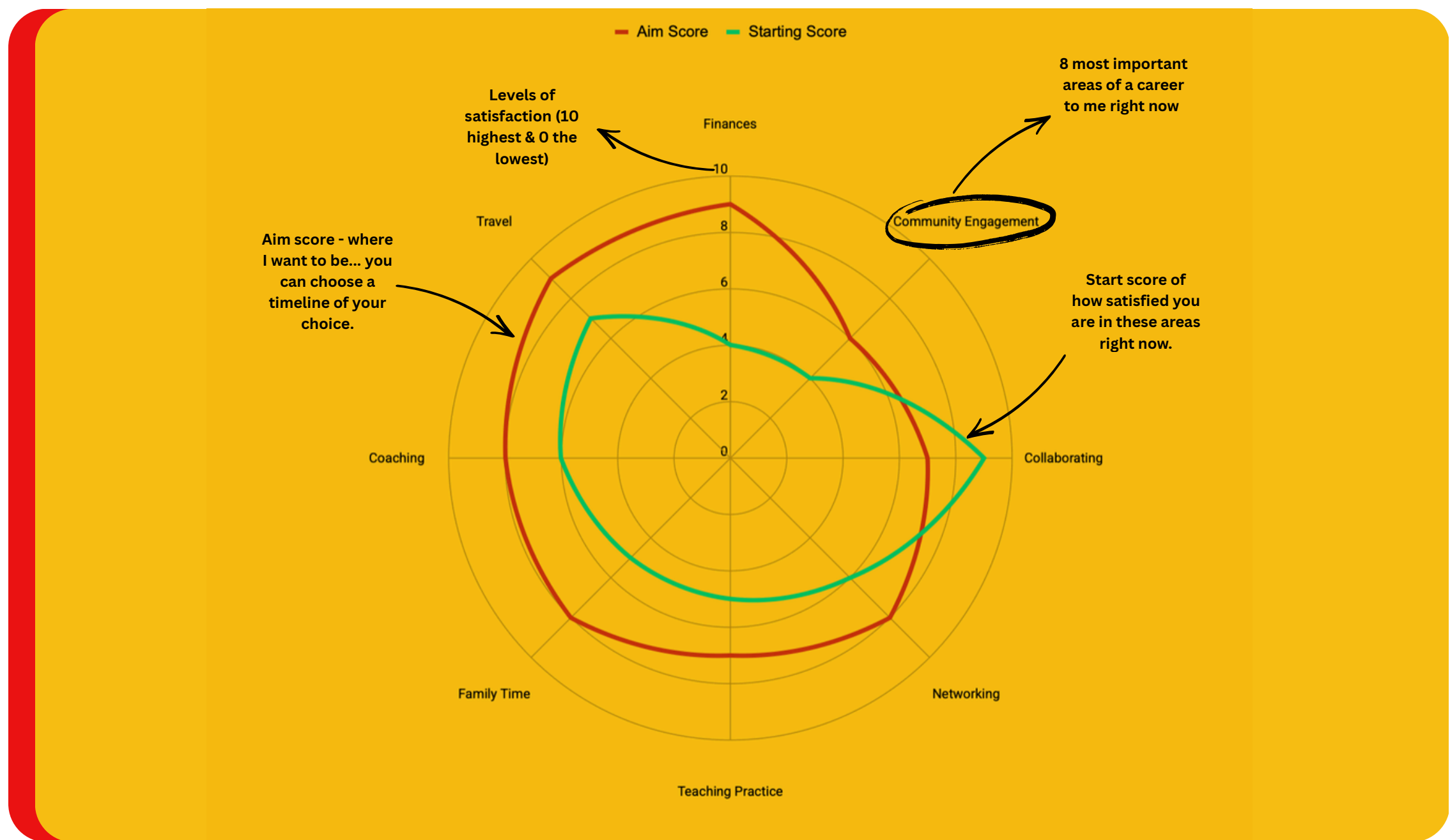
Step 02

Rate yourself from 0-10 in these areas; the measurement is how satisfied you are in these areas. 0 completely unsatisfied, 10 fully satisfied, nothing needs to change.

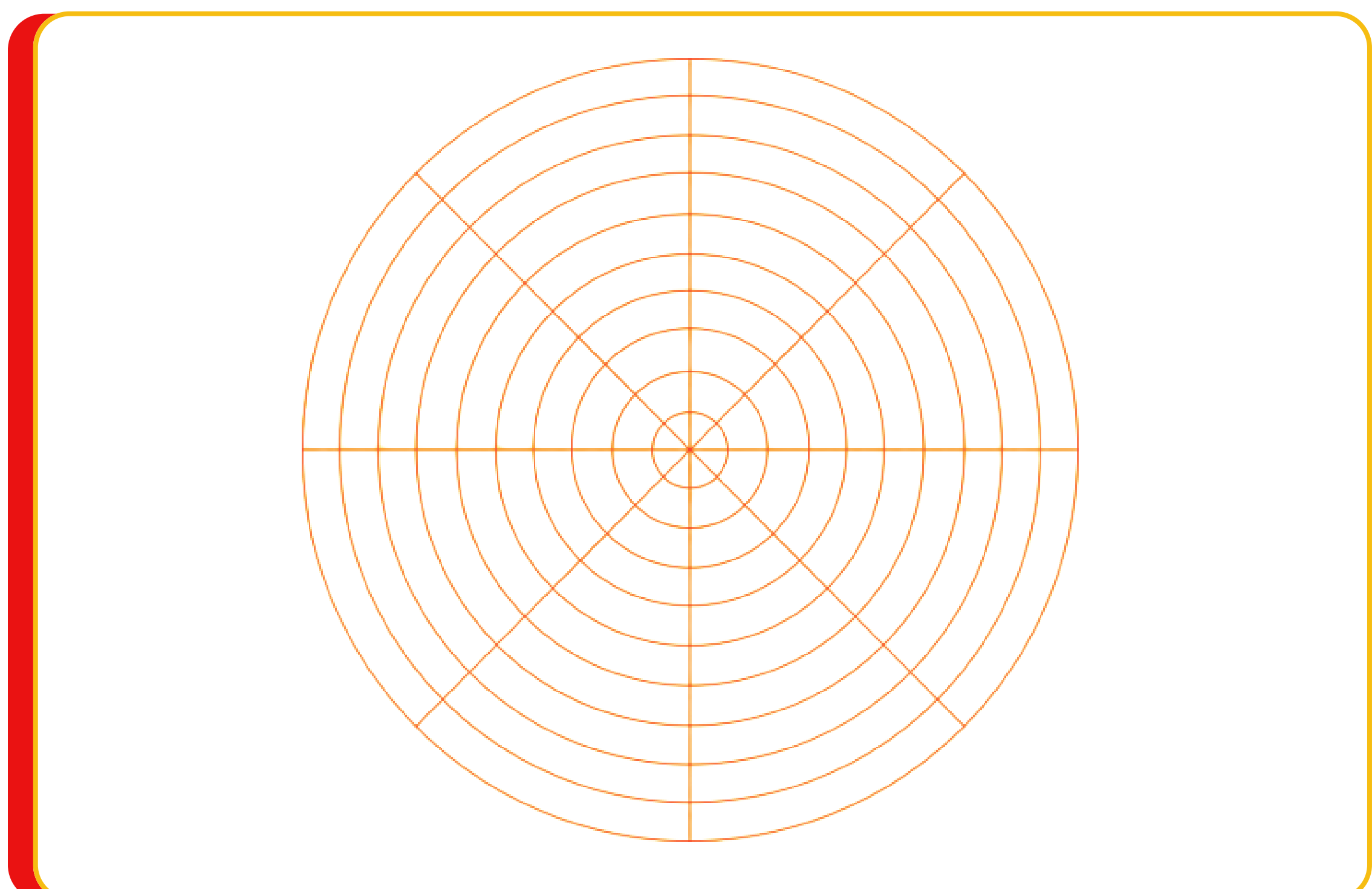
Step 03

Once completed then choose scores for where you would ideally like to be in these areas. Put these areas and scores around your development wheel and mark your scores in whatever way you prefer.

Example:



Complete your own below development wheel below or use the [Google Sheets doc here](#) to create a digital version. Use the 'Use Here' tab to fill in your areas and scores of s



Once completed, answer the following questions:

What do you notice when you look at your wheel?

When looking at these scores, what are you most proud?

What challenges do you see?

What changes do you want?

Where do you want to focus your energy first?

What is getting in the way of growing in these areas?

What choices do you have that will lead to growth?

When looking at these scores, what are you most proud?

What choices do you have that will lead to growth?

This exercise is something for you to keep revisiting, every month, six months, every year. Observe what changes and what impact this has on your professional choices.

Designing a Career That Is Uniquely Yours



There is no single path to a successful career in music.

The most fulfilled and resilient musicians don't follow a fixed route. They build portfolio careers shaped by their strengths, values, curiosity, and the opportunities they choose to explore.

Because careers are not linear.

They are built through experimentation, relationships, and the courage to keep moving forward, even when the path feels uncertain.

There will be moments of doubt, rejection, and reinvention. These are not signs that something has gone wrong. They are part of the process of building something meaningful.

Stay curious.

Stay generous.

Stay connected.

Trust that your combination of skills, experiences, and perspectives has value.

Your career is not something that happens to you. It is something you shape over time.

Email me to set up a free connection call to build a life and career that is right for you.



Stop Waiting. Start Building.